### Bachelor of Science in Kinesiology (KINE)

#### 2017 – 2018 Catalog Requirements

### Important Information About your Degree

- **Double-Dip Course (UNT Core Best Selection):** Courses shown in *italics* satisfy multiple degree program requirements. Students who do not take the Best Selection courses, specific to their chosen track, will have to take additional courses to meet program requirements. Whether or not the course is taken to fulfill a specific university core category, all courses are required by the program to complete the degree. Electives may be required due to double-dipping.
- **“C” or Better:** Communication Core, Math 1680, BIOL 2301, BIOL 2311, BIOL 2301, BIOL 2312, HDFS 3423, all EDCI, and all BIOL, HLTH, KINE, PHED, PSYC and RESM major (except Additional Program Requirements) courses of the selected track must be completed with a grade of C or better to graduate.
- Courses in **bold** require prerequisites. Prerequisites are listed in the university catalog with the course description.
- An official degree audit is required for graduation. Students **must** meet with an academic advisor to request a degree audit.
- Non-Certification program tracks require at least 120 hours, 2.00 UNT GPA, 2.00 overall GPA and 2.75 major GPA for graduation.
- Secondary certification degree requires at least 127 hours, 2.75 UNT GPA, 2.75 Overall GPA, 2.75 teaching field (major) GPA and 2.75 Teacher Education Program courses GPA for graduation.
- For major-specific career information contact the Department of Kinesiology, Health Promotion, and Recreation in PEB 209 or at (940) 565-2651.
- For additional career information contact the Career Center at CHNT 103 or at 940-565-2105.
- For information about allied health graduate programs contact the Office of Health Professions in Hickory Hall 256 or at (940) 369-8606.
- For additional program information visit www.coe.unt.edu/sao or contact the Student Advising Office at (940) 565-2736.

### UNT Core

<table>
<thead>
<tr>
<th>Course</th>
<th>Best Selection</th>
</tr>
</thead>
<tbody>
<tr>
<td>Communication – 6 hours</td>
<td>ENGL 1310(C or better required)</td>
</tr>
<tr>
<td>College Writing I</td>
<td>ENGL 1320(C or better required)</td>
</tr>
<tr>
<td>College Writing II</td>
<td></td>
</tr>
<tr>
<td>Creative Arts – 3 hours</td>
<td>Any from list published in the undergraduate catalog</td>
</tr>
<tr>
<td>Language, Philosophy &amp; Culture – 3 hours</td>
<td>Any from list published in the undergraduate catalog</td>
</tr>
<tr>
<td>American History – 6 hours</td>
<td></td>
</tr>
<tr>
<td>United States History to 1865</td>
<td>HIST 2610</td>
</tr>
<tr>
<td>United States History Since 1865</td>
<td>HIST 2620</td>
</tr>
<tr>
<td>Political Science/Government – 6 hours</td>
<td></td>
</tr>
<tr>
<td>US Political Behavior and Policy</td>
<td>PSCI 2305</td>
</tr>
<tr>
<td>US and Texas Constitutions and Institutions</td>
<td>PSCI 2306</td>
</tr>
</tbody>
</table>

### Core Categories with Double-Dip in Program Requirements

| Mathematics – 3 hours                      | MATH 1680 (C or better required) |
| Elementary Probability & Statistics        |                         |
| Life & Physical Sciences with labs – 6 hours |                         |
| **Human Anatomy and Physiology I Lecture and Lab** | BIOL 2301 & 2311 (C or better required) |
| **Human Anatomy and Physiology II Lecture and Lab** | BIOL 2302 & 2312 (C or better required) |
| Social & Behavioral Sciences – 3 hours    |                         |
| **Family Life and Human Sexuality**       | HLTH 2200               |
| Component Area Option: Category I – 3 hours |                         |
| **Scientific Principles and Practices of Health-Related Fitness** | PHED 1000               |
| Component Area Option: Category II – 3 hours |                         |
| **Family, School and Community**          | HDFS 3423 (Required on All-Level Teacher Certification track only) |
| General Psychology                         | PSYC 1630 or 1650 (Required on Pre-PT/Allied Health track only) |

### Kinesiology Major Pre-Theory Core Requirement

(must complete the following 3 courses with a 3.00 or better GPA prior to taking Theory Core courses in **bold** listed below)

- **Scientific Principles & Practices of Health-Related Fitness**
- **Introduction to Kinesiology**
- **Sociology of Sport**

#### Additional Theory Core

(C or better required; See course description for prerequisites required by the following courses)

- **Fundamentals of Strength and Conditioning**
- **Biomechanics**
- **Physiological Bases of Exercise & Sport**
- **Motor Behavior**
- **Psychology of Sport**

#### Quantitative Analysis in Kinesiology

**KINE 4050** will serve as the KINE Major Capstone Experience course for the Athletic Training, Fitness Leadership, General, and Pre-PT/Allied Health tracks. **KINE 4102** will serve as the KINE Major Capstone Experience course for the All-Level Teacher Certification track.

---

This information is for **ADVISING ONLY** and is not official. Requirements can and do change without notification.
### All-Level (EC-12) Teacher Certification

Students seeking teacher certification must be admitted to the Teacher Education Program prior to enrollment in professional development courses. Admission to Teacher Education requires appropriate exam scores, at least 60 earned hours, a 2.75 overall GPA, a 2.75 UNT GPA, an approved online questionnaire, an official degree audit on the teacher certification track, and a completed application to the Teacher Education Program turned into the College of Education Student Advising Office located in Matthews Hall 105.

**Physical Performance Core:**
- Complete 3 courses
- At least 1 course from Group I
- At least 1 course from Group II
- 1 course must be intermediate or adv. level ( Asterisk (*) notes intermediate or adv. level)
- Only 1 course from any 1 Section

**Group I:**
- Tennis (PHED 1590, 1600*, 1610*)
- Golf (not offered: PHED 1500, 1510*)
- Badminton (PHED 1470, 1440*)

**Group II:**
- A. Weight Training (PHED 1210, 1211*)
- B. Swimming (PHED 1010, 1030*, 1120*)
- C. Conditioning Exercises (PHED 1200), Jogging (PHED 1220), Aerobic Dance (PHED 1230), Pilates (PHED 1250), Yoga (PHED 1260), Ultimate Frisbee (PHED 1760)

**Kinesiology Electives:**
- KINE 2550 Skill Competency for PE Candidates (2 hrs)
- KINE 3500 Motor Development
- KINE 3550 Skills/Strategies/Mgmt PE/Movement
- KINE 3560 Skills/Strategies/Mgmt in Secondary PE

Complete 1 course (3 hours) from the following:
- KINE 3020 Movement for Special Populations
- KINE 3250 Coaching Individual Sports
- KINE 3260 Coaching Youth Sport
- KINE 3270 Principles/Ethics in Sport
- KINE 4200 Basic Athletic Training

**Minor:**
- University minimum of 18 hours, including 6 advanced hours. Minor requirements vary. See degree audit for specific requirements.

**Teacher Education Program:**
- Admission to the Teacher Education Program, including 2.75 GPAs

### General

**Physical Performance Core:**
- Complete 5 courses
- Only 1 course from Section I (except Group I, Sec. D)
- 2 courses from Group I
- 1 course from Group II
- 1 course must be intermediate or adv. level (Asterisk (*) notes intermediate or adv. level)

**Conditioning Requirement (2 courses):**
- Intermediate Weight Training (PHED 1211*)
- Conditioning course offered from:
  - Swim Conditioning (PHED 1120), Conditioning Exercises (PHED 1200), Jogging (PHED 1220), Aerobic Dance (PHED 1230), Pilates (PHED 1250), Yoga (PHED 1260)

**Group II (2 courses):**
- A. Swimming (PHED 1010, 1030*)
- B. Tennis (PHED 1590, 1600*, 1610*)
- C. Racquetball (PHED 1570, 1660*)
- D. Conditioning activities — a second course chosen from conditioning courses above

**Group III (1 course):**
- A. Basketball (PHED 1700, 1710*, 1711*)
- B. Volleyball (PHED 1780, 1781, 1790*, 1791*)
- C. Soccer (PHED 1740, 1741), Touch Football (PHED 1770), Ultimate Frisbee (PHED 1760)

**Kinesiology Electives:**
- Complete 5 courses (15 hours) from the following:
  - KINE 2240 Coaching Soccer
  - KINE 3020 Fundamentals of Sport Nutrition
  - KINE 3250 Coaching Individual Sports
  - KINE 3260 Coaching Youth Sport
  - KINE 3270 Principles/Ethics in Sport
  - KINE 3400 Admin Theory/Practice in Athletic/Sport Orgs
  - KINE 3500 Motor Development
  - KINE 3540 Learning/Teaching in Physical Activity
  - KINE 3550 Skills/Strategies/Mgmt PE/Movement
  - KINE 3560 Skills/Strategies/Mgmt in Secondary PE
  - KINE 4300 Exercise Leadership
  - KINE 4320 Exercise Testing/Prescription
  - KINE 4410 Facilities/Equipment/Budget for Athletics
  - KINE 4800 Studies in Kinesiology
  - KINE 4860 Internship in Kinesiology

**Minor:**
- University minimum of 18 hours, including 6 advanced hours. Minor requirements vary. See degree audit for specific requirements.

### Athletic Training

**Career Training:**
- Student must complete 1800 internship hours during university enrollment through the UNT Athletic Department.
- Student must submit signed acceptance letter to have official degree audit drawn.
- Student must submit documentation to verify completion of 1800 internship hours with graduation application.

**Track Courses:**
- KINE 4200 Basic Athletic Training
- KINE 4250 Advanced Athletic Training
- KINE 4260 Principles Rehab/Therapeutic Modalities
- KINE 4860 Internship in KINE

**Select and Complete 1 36-hour Option:**
- **Option A: Pre-PT/allied health:**
  - Complete 36 hours from the following:
    - KINE 3500 BIOL 1710 PHYS 1410/1430
    - KINE 4300 BIOL 1720 PHYS 1420/1440
    - KINE 4320 BIOL 1760 PSYC 1630 or 1650
    - HLTH 4600 CHEM 1410/1430 PSYC 3620
    - CHEM 1420/1440

- **Option B: Fitness Leadership:**
  - Complete the following 12 courses (36 hours):
    - HLTH 4300 KINE 4330
    - HLTH 4430 RESM 4080
    - HLTH 4600 RESM 4180
    - KINE 4300 RESM 4190
    - KINE 4320 KINE 3400 or RESM 4050
    - KINE 4325 Any 3 hours KINE elective (KINE 3500 recommended)

- **Option C: General & Minor:**
  - Complete 6 courses (18 hours) from the following:
    - KINE 2240 KINE 3400 KINE 3560 KINE 4325
    - KINE 3250 KINE 3500 KINE 4300 KINE 4330
    - KINE 3260 KINE 3540 KINE 4310 KINE 4410
    - KINE 3270 KINE 3550 KINE 3420 KINE 4800

  Complete a Minor: University minimum of 18 hours, including 6 advanced hours. Minor requirements vary. See degree audit for specific requirements.

### Fitness Leadership

**Track Courses:**
- HLTH 4300 Health Promotion in the Corporate Setting
- HLTH 4430 Plan/Admin/ Evaluation of Health Programs
- HLTH 4600 Behavioral Change Strategies
- KINE 3030 Fundamentals of Sport Nutrition
- KINE 4300 Exercise Leadership
- KINE 4320 Exercise Testing/Prescription
- KINE 4325 Fitness Testing
- KINE 4330 Advanced Sport Nutrition/Metabolism
- RESM 4080 Legal Dimensions in RES Industries
- RESM 4180 Plan/Design/Maintain RESM Facilities/Area
- RESM 4190 Fiscal Administration in RES Services

Complete 1 course (3 hours) from the following:
- KINE 3400 Admin Theory/Practice in Athletic/Sport Orgs
- RESM 4050 Management Perspectives in RES Industries

**Kinesiology Electives:**
- Complete 2 courses (6 hours) from the following:
  - HLTH 3300 Health Emergencies/First Aid
  - KINE 3020 Movement for Special Populations
  - KINE 4310 Advanced Strength/Conditioning
  - KINE 4860 Internship in Kinesiology
  - RESM 4070 Staffing Perspectives in RES Organization
  - RESM 4200 Commercial RES Enterprises

### Pre-PT/allied health

**Additional Program Requirements:**
- PSYC 1630 or 1650 General Psychology I or II
- PSYC 3620 Developmental Psychology
- HLTH 4600 Behavioral Change Strategies
- BIOL 1710 Biology for Science Majors I
- BIOL 1720 Biology for Science Majors II
- BIOL 1760 Biology for Science Majors Lab
- CHEM 1410/1430 General Chemistry I Lecture/Lab
- CHEM 1420/1440 General Chemistry II Lecture/Lab
- PHYS 1410/1430 General Physics I Lecture/Lab
- PHYS 1420/1440 General Physics II Lecture/Lab

**Kinesiology Health Science Courses:**
- KINE 3500 Motor Development
- KINE 4200 Basic Athletic Training
- KINE 4250 Advanced Athletic Training
- KINE 4260 Principles Rehab/Therapeutic Modalities
- KINE 4300 Exercise Leadership
- KINE 4320 Exercise Testing/Prescription

**Kinesiology Electives:**
- Complete 1 course (2-3 hours) from the following:
  - BIOL 3500 Medical Terminology (2 hrs.)
  - HLTH 3300 Health Emergencies/First Aid
  - KINE 3020 Movement for Special Populations
  - KINE 3030 Fundamentals of Sport Nutrition
  - KINE 4310 Advanced Strength/Conditioning
  - KINE 4325 Fitness Testing
  - KINE 4330 Advanced Sport Nutrition/Metabolism
  - KINE 4860 Internship in Kinesiology
- PSYC 4610 Abnormal Psychology