### Important Information About your Degree

- **Double-Dip Course (UNT Core Best Selection):** Courses shown in *italics* satisfy multiple degree program requirements. Students who do not take the Best Selection courses, specific to their chosen track, will have to take additional courses to meet program requirements. Whether or not the course is taken to fulfill a specific university core category, all courses are required by the program to complete the degree. Electives may be required due to double-dipping.
- **“C” or Better:** Communication Core, all Major, Health Elective, and Track (except the minor) courses must be completed with a grade of C or better in order to graduate, per requirements of selected track.
- Courses in **bold** require prerequisites. Prerequisites are listed in the university catalog with the course description.
- An official degree audit is required for graduation. Students must meet with an academic advisor to request a degree audit.
- Degree requires at least 120 hours, 2.00 UNT GPA, 2.00 overall GPA, and 2.75 major GPA for graduation.
- For major-specific career information contact the Department of Kinesiology, Health Promotion, and Recreation in PEB 209 or at (940) 565-2651.
- For additional career information contact the Career Center at CHNT 103 or at 940-565-2105.
- For information about allied health graduate programs contact the Office of Health Professions in Hickory Hall 256 or at (940) 369-8606.
- For additional program information visit www.coe.unt.edu/sao or contact the Student Advising Office at (940) 565-2736.

#### UNT Core

<table>
<thead>
<tr>
<th>UNT Core</th>
<th>Best Selection</th>
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<tbody>
<tr>
<td>Communication</td>
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<tr>
<td>– 6 hours</td>
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<tr>
<td>College Writing I</td>
<td>ENGL 1310 (C or better required)</td>
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<tr>
<td>College Writing II</td>
<td>ENGL 1320 (C or better required)</td>
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<tr>
<td>Mathematics</td>
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<tr>
<td>– 3 hours</td>
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<tr>
<td>Creative Arts</td>
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<tr>
<td>– 3 hours</td>
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<tr>
<td>American History</td>
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<td>– 6 hours</td>
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<tr>
<td>United States History to 1865</td>
<td>HIST 2610</td>
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<tr>
<td>United States History Since 1865</td>
<td>HIST 2620</td>
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<tr>
<td>Political Science/Government – 6 hours</td>
<td>PSCI 2305</td>
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<tr>
<td>US Political Behavior and Policy</td>
<td>PSCI 2306</td>
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<tr>
<td>US and Texas Constitutions and Institutions</td>
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#### Core Categories with Double-Dip in Program Requirements

<table>
<thead>
<tr>
<th>Language, Philosophy &amp; Culture – 3 hours</th>
<th>ENGL 2210 or ENGL 2220</th>
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<tbody>
<tr>
<td>Social &amp; Behavioral Sciences – 3 hours</td>
<td>HLTH 2200</td>
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<tr>
<td>Life &amp; Physical Sciences with labs – 6 hours</td>
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<tr>
<td>Human Anatomy and Physiology I with lab</td>
<td>BIOL 2301 &amp; 2311</td>
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<tr>
<td>Human Anatomy and Physiology II with lab</td>
<td>BIOL 2302 &amp; 2312</td>
</tr>
<tr>
<td>Component Area Option (CAO): Option A – 3 hours</td>
<td>COMM 2020 (best selection for Community Health Track) or COMM 2040</td>
</tr>
<tr>
<td>Component Area Option (CAO): Option A or B – 3 hours</td>
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<tr>
<td>Scientific Principles and Practices of Health-Related Fitness</td>
<td>PHED 1000</td>
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Bachelor of Science in Health Promotion (2018-2019 catalog)

**Major**

Complete the following 12 courses (39 hours):
- AGER 4800 The Social Context of Aging: Global Perspectives
- HMGT 1450 Principles of Nutrition
- HLTH 1900 Principles of Health
- HLTH 2100 Mental Health
- HLTH 2200 Family Life/Human Sexuality
- HLTH 3110 Health Promo: Development/Application of Presentation Skills
- HLTH 3120 Drugs/Human Health
- HLTH 3130 Health Promotion Skills/Competencies
- HLTH 3300 Health Emergencies/First Aid
- HLTH 4430 Planning/Administration/Evaluation of Health Programs
- HLTH 4600 Behavioral Change Strategies in Health Promotion
- HLTH 4850 Internship in Community Health Promotion

All courses should be completed prior to internship. HLTH 4850 is taken in the final long semester as 6 semester credit hours. A mandatory, organizational meeting is schedule for senior students the semester before beginning the internship.

**Health Electives**

Complete 1 course (3 hours) from the following:
- AGER/PSYC 4020 Psychology of Death/Dying*
- EADP 3010 Introduction to Emergency Management
- EADP 4010 Public Health/Disasters
- EADP 4050 Special Populations/Disasters
- HLTH 4500 Leadership/Professional Proficiency in Health Promotion
- KINE 3020 Movement for Special Populations
- KINE 3050 Biomechanics
- KINE 4320 Exercise Testing/Prescriptions*
- KINE 4330 Advanced Sport Nutrition/Metabolism
- PADM 4220 Proposal Writing/Grant Administration
- PADM 4260 Volunteer Program Planning/Evaluation
- PSYC 3620 Developmental Psychology*
- PSYC 4670 Behavioral/Biopsychosocial Challenges - LGBT Communities
- SOCI 3110 Sociology of Mental Health/Mental Illness/Mental Health Care
- SOWK 4540 Human Diversity for the Helping Professions
- WGST 2100 Introduction to Women’s/Gender Studies

*Health Elective course cannot double-dip as Track required course. See your Track requirements to determine course eligibility as a Health Elective course option.

**Tracks**

**Select and Complete 1 Track (36 hours):**

- **Community Health Track**
  - HLTH 1100 School/Community Health Problems/Services
  - HLTH 1570 Environmental Health/Safety
  - HLTH 3100 Epidemiology of Communicable/Non-Communicable Disease
  - PSYC 3620 Developmental Psychology*
  - AGER/PSYC 4020 Psychology of Death/Dying*
  - COUN 2620 Diversity/Cultural Awareness

Minor in Communication Studies:
- COMM 2020 Interpersonal Communication
- COMM 3720 Small Group Communication
- COMM 3920 Organizational Communication

Complete 3 courses (9 hours) from the following:
- COMM 3120 Nonverbal Communication
- COMM 3220 Health Communication
- COMM 3320 Communication/Conflict Management
- COMM 3420 Communication/New Technologies
- COMM 3520 Advanced Interpersonal Communication
- COMM 3620 Intercultural Communication
- COMM 4020 Communication Theory
- COMM 4140 Gender/Communication
- COMM 4420 Communication/Relational Development
- COMM 4829 Topics in Interpersonal/Organizational Studies

- **Corporate Health Track**
  - HLTH 4300 Health Promotion in the Corporate Setting
  - KINE 3080 Physiological Bases of Exercise/Sport
  - KINE 4300 Exercise Leadership
  - KINE 4320 Exercise Testing/Prescriptions*
  - RESM 4050 Mgmt/Executive Dev. in Recreation, Sport/Leisure Studies
  - RESM 4180 Plan/Design/Maint. Rec., Park, Leisure/Sport Facilities/Areas

Minor in Marketing:
- MKTG 3650 Foundations of Marketing Practice

Complete 5 courses (15 hours) from the following:
- MKTG 3010 Professional Selling
- MKTG 3660 Advertising Management
- MKTG 3700 Marketing Metrics
- MKTG 4120 Consumer Behavior
- MKTG 4280 Global Marketing Issues/Practice
- MKTG 4750 Services Marketing

*Track course cannot double-dip as Health Elective course.